

**Home Visitor Clip:
Sharing Information**

Sarah: I wanted to share with you that your depression screening came back showing that you may be experiencing some of these signs of depression, like you have little interest in doing things and feeling down and tired much of the time. So what are your thoughts about that?

Tammy: Well, hello. Isn't that what every mom feels? How could I not be tired all the time? Amalia never sleeps at night and then she wakes up Tommie and then he is up. So I'm never sleeping. Of course, I don't ever feel like doing anything because I'm just too tired all the time. That is not depression that is just being a mom with these crazy kids.